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| Name: mrs sharada | Reg No: 4-6smhc17 |
| Age / Sex:30 yrs | Contact No: |
| Marital Status:ml10 years | Date:28/6/17 |
| Occupation:housewife. | Dr. |
| Address: | DIAGNOSIS- |

1. Thyroid dysfunction since 8 years. Wt.gain irregularity in periods and hairfall so went to gynaec and then got diagnosed with hypothyroidis.

Lmp: 7/6/17 4th day onwards inc flo 1st day only spotting.8 day s flo. From 2 yeasr post ivf heavybleeding. Took homoeo now controlled. Ultroxin 125 mg.

1. Wd b4 menses 2 weeks befr
2. Swelling fingers since 8 years.

Pain started from 8 years<cold, early mng >sun rise., pressing interphalangeal muscles.

1. Dark circles dark pigmentation in folds.

Aversion milk and spicy food.

From 5 years groundnut and banana distension in abd with nausea.

Again chikki is fine . cant eat plain groundnut,

Wanted to learn dance bt due to finances left. Now likes to watch.

Doesn’t like to b alone.wants company. Keeps tv on wne alone to feel som one ther.

Post accident fear.

Fear cockroaches n darkness.

Craving fr limestone.

Rx: calc iod 30 bd

Thyr 6x qid

Acon 7 doses alt days.

6/9/17: lmp: 5/9/17; 15/7/17. Less bleeding. Joints pain elbow and knees. Must take calcium and d3. Craving for limestone. Hand pain wasn’t there, fat fingers. Sleep is good. Snoring is there. Feeling hungry.

Rx:

1. Calc.carb 200 – 4 doses – thu/mon.

2. sil 30 qid

3.cal.phos 30 qid.

28/9/17: PAIN IN THE KNEE JOINT PAIN REDUCED AND ELBOW STILL THER. LMP:5/9/17. SWELLING OF FINGERS SAME. NO PAIN.CRAVING FR LIMESTONE REDUCING. FIRST GOT PAIN TO LEFT KNEE THN KNEEJOINT THEN ELBOW JOINT. PIMPLES COMING FRM 3 MONTHS. WHENEVR CHANGES PLACE TO NOEW PLACE GETS THIS PIMPLES. NIGHT GETS LEG PAIN PULLING PAIN. <AS SOON AS SHE GETS ONTO BED AFTER 5 MIN WILL GET PAIN THEN REDUCES AFTER 15 MIN WEN SHE GETS SLEEP FROM 6-7 YEARS. QUALITY OF SLEEP IMPROVED. HAIRLOSS ALSO REDUCED. WHETHER MUST BE COLD BUT SHE SHD BE WARM.

RX:

1. CALC CARB 200 – 2 DOSE WATER
2. RHUS TOX 30 – DISC BID WATER
3. MAG PHOS 12 X – QID 2 BOTTLES.
4. SULPHUR 200 – 1 DOSE NOW.

2/11/17: pain in the anl region frm 4 days. 3 times motions. Normal stool. Burning anus. <during stool. Body pain since weather change. feet pain <lying. Pulling type of pain. >stretch. Craving for limestone returns.elbow joing and knee joint pain mostly better. Dandruff more. Haifall no firther improvement.from 10 days getting headache had some reltives also frm a week. Root of the nose and one sided pain. lmp: 12/10/17.normal.

Rx:

1.calc carb 1m – 3 doses – 5 days once

2. rhus tox 200 disc bd

3. thyroidinum 3x bd

4. ferr.phos 6x 4-4-4-4

9/12/17: lmp: 12/10/17 then got today. More work means gets pain otherwise compared to before very less. If period delays inc. hunger n cn eat little only gets eructations more. Use to have earlier more burning urination , white discharge, throat infections. But coming to blore no pbms since then. Craving for limestone persists. Marriage time very thin. Swelling fingers didn’t reduce. Better walking.

Rx:

1. Ferr.phos 12x 4-4-4-4 small bottle.disc.
2. Calc.iod 30 – pills 1 dram 4-0-4 b/food.
3. Rubrum 7 doses – 1 night b/food.
4. Mag phos1m menses pain sos.
5. Calcareacarb 1m+ferr met 1m+medo 1m- 1 dram pills 4-4-4-4 for 4 days.

14/12/17:

1. Syp. Alfalfa avena drops.

30/12/17: 26/12/17. Lmp. Now clotted bleeding from 2 days. 22nd had one day bleeding.

Rx:

1. Millifolium 200 +sabina200 +cimicifuga 200 +mag phos 200 – 2 dram pills 4-4-4-4-4 5 days.

5/1/18: 4 pads mus change per day. Clots reduced but cont bleeding.

Pain in the back region. Light weakness at times.

Rx:

1. milliefolium 1m +calc carb1m + china 1m – 4-4-4-4 for 5 days.

8/1/18: bleeding not stopped.

Rx:

1. Sabina 1m 1 dram pills – 2 hourly.
2. Phos 10 m – 1 dose stat .
3. Carc1m – 1 dose tomo mng.

10/1/18:

Vomiting sensation . clots. Dark maroon. 25 % better than before after new med. Mild itching due to pads.

Rx:

1. Phos 10 m – 1 dose stat.
2. Bell1m+sabina1m+carc1m 4 pills 2 hourly.

After bleeding stops then:

1. Puls 10m – 1 dose mng b/brush water
2. Ferr met 200 – disc 4-0-4
3. Thlaspi b pastoris Q 15-0-10 – 15 drops a/food.water
4. Rub 15 – 1 night b/food.

2/2/18: hb 6%. Feeling sleepy, climbing stairs finds breathlessness, yday gave ferr met 1m one dose . feels a bit better after that.

1. Thyroidinum 1m – 2 doses 3 days once b/brush water.
2. Bell 1m – 3 doses alt day b/brush water.
3. Lecitihin 30 -4-4-4-4 disc.
4. Ferr met 1m – 2 doses 3 days once b/brush water.
5. Thalaspi b p Q 10-10-10-10 drops a/food. Water.

17/2/18: weakness better. Trembling better. From yday slight spotting seen all the prev said complaints are better.lmp: 26th December. Mild pain in the low back and low abd pain. feeling scared that period is coming again that till jan 25th she was bleeding and again started now. Feeling more thirsty thse days frm a week. Feeling a bit body pain for slight exertion also. But still wants fan during sleep. Likes hot food. Weather must be moderate. loss of interest in coition says feeling tired and sleepy or lazy to act.

Rx:

1. sulphur 1m – 1 dose b/food water.
2. Crocus sativus 200 – 1 dose b/brush.
3. Ustilago 30 disc 3—3-3-3.
4. Acid phos 1m 15 – 1 dose night b/food with water.

23/2/18: 19th night bleeding. 22 spotting . today spotting. Weakness from today. Pressing pain either sides of sternum. Mixing anything feels pain. craving more for stone.

Rx:

1. 3 doses – crocus sativus 1m – 1-1-1.

10/3/18: 2 DAYS BACK GOT SPOTTING AND GOT CLOT AND THEN STOPPED. CRAVING FR STONE REDUCED. FEELING MORE SLEEPY. NIGHT WHEN SLEEPING LEGS PULL. FEELING HOT. GOT BLEEDING PER RECTUM 8TH NIGHT.

RX:

1. CALC CARB 10 M – 1 DOSE
2. RHUS TOX 1M 4-4-4-4 1 DRAM

29/3/18: 25/3/18 – LMP. LITTLE ONLY BLEEDING. PAIN IN THE LEGS. BODY PAIN AND FINGER PAINS AND SWEELING JOINT PAIN. PERIOD BEFORE AND AFTER ALSO GETTING PAIN NOW. TAKING 150MG OTHERWISE FEELING VERY SLEEPY. REDUCING. 1ST DAY ONLY GOT WATER THIN BLEEDING.

RX:

1. PULSATILLA 200 – DISC 3-3-3-3
2. CROCUS SATIVUS 200 DISC 3-3-3-3
3. FOLLICULINUM 200 DISC 3-3-3-3
4. MAG PHOS 12 X 4 TABS 1 HOURLY.

4/5/18: lmp: 25/3/18 after 10 days reduced. If works more spotting. Lmp: 23/4/18 from 25th more bleeding and more clots. Today only feels reduced.

Rx:

1. Crocus sativus 1m + carcinosin 1m+ tbp1m – 4-4-4-4 1 dram pills.
2. Thyroidinum 1m – 3 doses daily 1 dose night b/food.

29/5/18: LMP: 29/5/18 FRM MORNING.

2/6/18: mng 11-12 evening 7-9 clots more. 2 pads per day. Back pain low. 5th day today. Dark color clots. From 3 years neck blackish. Burning. If sleeps well will feel better.

Rx:

1. Bell1m – 2 dram pills – 2 hourly.

15/6/18: AFTER A WEEK TAKING GYNAE CVP THE BLEEDING STOPPED.

1. CROCUS SATIVUS 1M – 4-4-4-4. 1 DRAM PILLS
2. SEC COR 1M – 4-4-4-4. 1 DRAM PILLS
3. BELL1M – 4-4-4-4.
4. RUB 15 – NT 1 DOSE.

6/7/18: pain in the rt.side of neck inbetewwn the strnocleido mastoid angle. Wounded pain. medial and lateral and middle fingers on the feet itching is there. Hairfall. Weekly once headache. < headbath.

Rx:

1. Ignatia 1m –2 dose – mng b.food.weekly b.food
2. Ferr phos 200 – 4-4-4-4.
3. Rubrum 15 doses 1 nt b food.

r.a 2 weeks.

24/7/18: lmp: 8 /7/18 bleeding started heavily from 16th july.

Rx:

1. Ustilago1m 4pills 30 min once with water.

7/8/18: lump in the left breast . painful at times. 2 weeks only got formed. Smelly mild white discharge. No desire. Headache more these days. Mood swings felt like crying and cried a lot. Dreams like day events. Itching body reduced.

Rx:

1. Thyroid 1m / calcarea carb 1m / sulphur1m.- 4-4-4-4. 2 dram pills alternate weeks.
2. Bell1m/ustilago1m –4 pills sos. Heavy bleeding. 4 pills 3 hourly.
3. Milliefolium1m – 5th day – 4 pills 3 hourly.
4. Rub 30 – night 1 dose.
5. Lecithin 200 – 4-0-4 disc.

27/8/18: frm sat 25. Had white discharge till she had period and then gone.

Rx: 1 ) pulsatilla 1m – 1 dram pills.

4/9/18: bleeding big clots.

Rx:

1.thlaspi b p 1m/sec cor1m/-

7/9/18: bleeding not stopped clotted and heavy during afternoon. Feeling low depressed and want air, cold, feeling hot inside and out. no app.

Rx:

1. Ac.phos 30+china30 disc 4-4-4-4
2. Actae racemosa or cimicifuga 30 /stram1m – 4-pills hourly fr today tomorrow 2 hourly.

20/9/18:

Past h/o:

* Got herpes on backbone – inter 1st year.
* An year severe fever 15 days and had a lot of weakness hairfall.
* Weakness before menarche. Legs pain constantly. Legs use to pain constantly. After menarche better with that.
* Never had mothers milk.
* Doesn’t like eggs.
* Towards spicy.
* No colas and chocolates.

11/11/18:

* Bleeding stopped after lyco and phos.
* Dry cough more in the night.
* Rx:

1. Sepia 200 – 4 pills 3 hourly.

3/12/18: last night nb, throat burning, blocks in the night. Had a quarrel and she cried a lot. Nasal mucus yellowish. Night reeling and vomiting sensation since 3 days. Frequent urine maybe frm 5 days.

Rx:

1. Nux vom 200 – 4-4-4-4
2. Lyco 200 – 4-4-4-4.

7/12/18: headache frequent. Had an ep of cough cold etc. feeling very hot these days. If switches on fan cold.

Rx:

1. Alfa+avena – 10-10-10-10 drops a/food water.

15/12/18: WEAKNESS. BLOATING. GASTRITIS.

RX:

1. NAT PHOS 12 -4-4-4-4.

17/12/18: nausea. Giddiness from 3-4 days.

Rx:

1. nm200 – 3 doses night b/food.
2. Thyroidinum 1m – 3-0-3 a/food.
3. Rub 15 – 1 dose night b/food.

2/1/18: bloating. Headache. Able to walk well. Cold thick yellow. Mng more. Hairfall. Dandruff.

Rx:

1. staphysagriaQ- 15 ml in 100ml oil.
2. Carc 1m – 4 pills 3 hourly.
3. Sepia 200 – 3 doses – water 3 hourly.

7/1/19: white discharge. No period still.

Rx:

1. lach 1m – 1 dose.
2. Apis 30 4-4-4 water.

Ustilago1m,bell1m,sabina1, thlaspi bursa pastoris1m, sec cor 200. Mag phos1m – pain sos.

22/1/19:

DIN GET PERIODS YET. HEADACHE HAS INCREASED. PAIN ONE SIDE INSIDE THE EYE. LOT OF HEADACHE. SWELLING. IF SKIPS FOOD.

RX:

1. CALC CARB 1M – 3 DOSES. 1 DOSE WITH WATER. REPEAT DAILY MNG B/FOOD.

1/2/19:

RX: REFER NOTES

1. LYCO 1M – 1 DOSE.
2. PULS 0/1 – 2-2-2 WATER FR A WEEK,
3. RUB 15 – 1 NIGHT B/FOOD.
4. LECITHIN 200- 4-0-4. DISC.

8/2/19: spotting lmp: 8/2/19.

Rx:

1. Bry1m – 4-4-4.

18/2/19: spotting seen itll 12/2/19. After tht feels energetic. No other complaints. Had occipital headache and rt.side neck pain. has body pains also frm mng.

Rx:

1. Lyco 1m – dose.
2. Lachesis 1m 5 days later another dose.
3. Gels 200 – pills 4-4-4-4. 3 days. 1dram.

4/3/19: 24 ONWARDS OF FEB FEELS BLEEDING IS MORE. AFTER 12TH SPOTTING STARTED ON 21ST.BUILDING THE FLOW FRM 24TH TILL NOW.

RX:

1. ANT TART 200 – 4-4-4-4

12/3/19: STOPPED PERIOD ON 10TH MORNING. TODAY WHEN EXERCISING SPOTS OF BLOOD SEEN. TSH: 6.79 UI/DL. HB: 14.4GM. WHILE EXCERCISING FEELS GOOD. HEADACHES IF SKIPS BREAKFAST. FEELS BLEEDING IS THERE NOW. FEELING EYES ARE BECOMING RED THESES DAYS. R BURNING. NOT GETTING SLEEP WELL FEELING DISTURBED. GETTING AWAKE AFTER SMALL SOUND AND NOT GETTING SLEEP AFTER THT. HAIR IS FALLING IMMENSELY.

RX:

1. MEDO 1M - 1 DOSE .
2. ANT TART1M – 4-4-4-4.

22/3/19: bleeding stopped for previous med. Hairfall better.itching of skin after sex. Reduces in 10 min. only on hands. Neck. Headaches not there.

* Aversion to milk
* Childish gestures
* Stubborn

Rx:

1. X-ray 1m – 1 dose.
2. Nat carb 1m – 4-4-4-4
3. Silicea 1m – 4-4-4-4.
4. Thyroidinum1m- disc 4-0-4.
5. Rub 15 days – 1 tab night b/food.

25/4/19: more headaches. Feels gassy and headaches. Not feeling comfortable in stomach. Leg pain.

1. Gossypium Q – 15-15-15-15 drops a/food water.
2. Apis1m/puls1m – 4-4-4-4 b/food.

27/4/19: eructations more. Unable to digest food. Sour eructations.

Rx:

1. Nat phos 200 – 4-4-4-4.

6/5/19: feeling breast left pain at times right. Lmp:

Rx:

1. Kali brom 200 – 1 dose.
2. Nat phos 1m - 1 dose mng on the 1st day of menses.

20/5/19: lmp: 13/5/19 spoting from 16th flow. Pain only when clots but bearable. Weak feeling. Dull and moody. With husband having respiratory pbm he is showing more effect irritation on her. 2 pads /day. Heaviness in abdmen.

Rx:

1. China /acid phos1m.
2. Ferr met 200.

23/5/19: bleeding increased. Clots. Only daytime. 2-3 /day. Tiredness. Heaviness body.

Rx:

1. bell1m/viburnum opulus 200-4 pills 2 hourly.
2. China1m/ferr met 1m/acid phos 1m – 4-4-4-4.

4/6/19: 29TH THE BLEEDING HAS STOPPED. THROAT INFECTION. BODY PAINS. CHILLS. GASSY ABDOMEN. AT HOME MOTHER IN LAWS DEATH CEREMONY. SO AFTER THT STRAIN.

RX:

FIRST 5 DAYS:

* HEPAR SULPH1M – 4-4-4-4.
* BELL200/GELSIMIUM200/ARS200 – 4-4-4-4.
* ALSPETOL 25 – 25-25- 25 DROPS A/FOOD.

AFTER 5 DAYS

1. OOPHORINUM1M – 4-4-4
2. NAT CARB 1M – 4 MNG/EVEING.
3. CAPSICUM 1M – 4 AFTN/NIGHT.
4. RUBRUM – 1 TAB 15 NIGHT.

12/6/19: LMP: 10/6/19. CLOTS AND STRINGY.

RX:

1. IGNATIA1M – 1 DOSE. 4 PILLS. REPEAT 3 HOURLY.

17/6/19: increased flow. Painless. Clots,thick marronish, continuous flow. 3 pads /day. Xl pads. Itching vulval region. When clots are coming feels backpain. But feeling better sleep. Heavy work after only flow is more. Lmp: 10/6/19.

Rx:

1. bell1m/viburnum opulus 200-4 pills 2 hourly.
2. China1m/ferr met 1m/acid phos 1m – 4-4-4-4.
3. Sodhari 2-2-2 tsp a/food.

27/7/19: 7th spotting. Lmp: 12/07/19 till 25th of July. Headache is frequent these days. Gastritis like if drinks tea or eating outside. Fullness of abdomen and flatulence is more. One sided headache. Got throat inf in tour once and it reduced after homoeo sos given to her long back.

Rx:

1. Nat phos 1m/ – mng 4 pills
2. Lachesis 1m – aftn 4 pills
3. Sil 12x 4-4-4-4
4. Oophorinum1m/folliculinum1m – night 4 pills b/food
5. Lyco 200 – 1 dose b/brush mng.